



# East Family HUBs

## East Family Hubs Easter Timetable 31st March - 2nd April

Other community venues we deliver at:



**St Nicholas Church Hall**  
Stonegate, Thorne, DN8 5NP

**Thorne Library**  
Vermuyden Centre, Field Side  
DN8 4BQ

**Hatfield Library**  
High Street  
DN7 6RY

We can't wait to see you!



Discover the sessions, activities, support and events taking place for families of children aged 0-5 and beyond!

Join us at:

Stainforth Family Hub  
Moorends Family Hub  
Armthorpe Family Hub

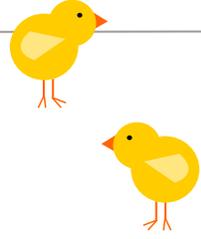


Proudly supporting families in East Doncaster including:  
Stainforth • Armthorpe • Thorne • Moorends • Hatfield • Hatfield Woodhouse  
Kirk Sandall • Edenthorpe • Dunsville • Duncroft • Barnby Dun • Fishlake

[www.yourlifedoncaster.co.uk/family-hubs](http://www.yourlifedoncaster.co.uk/family-hubs)

# Easter Timetable Week 1

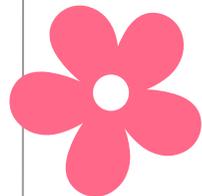
East  
Family  
HUBs

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Stainforth		 <b>Tuneful Chatter</b> <b>1:30pm-2:30pm</b>		<b>First Friends</b> <b>9:30am-11am</b>  <b>Infant Massage</b> <b>1pm-2pm</b> (Invite via Health Team)	<b>Family Fun</b> <b>9:30am-11am</b>   All of our sessions are Dad/male carer friendly
Armthorpe	<b>First Friends</b> <b>9:30am-11am</b>  <b>Family Fun</b> <b>1:15pm-2:45pm</b>			<b>Breast Start</b> <b>1:30pm-3pm</b>	<b>Infant Massage</b> <b>1pm-2pm</b> (Invite via Health Team)
Moorends			<b>First Friends</b> <b>9:30am-11am</b>	<b>Family Fun</b> <b>9:30am-11am</b>	<b>Infant Massage</b> <b>1pm-2pm</b> (Invite via Health Team)
Other venues	<b>Wriggle, Rhyme &amp; Story Time</b> <b>10am-11am</b> Hatfield Library		<b>Wriggle, Rhyme &amp; Story Time</b> <b>10am-11am</b> Thorne Library	<b>First Friends</b> <b>1pm-2:30pm</b> St Nicholas Church Hall, Thorne	

# Easter Timetable Week 2

East  
Family  
HUBs

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Stainforth	<p>All of our sessions are Dad/male carer friendly</p>	<p><b>Forest School</b> 10:30am-11:30am</p> <p><b>Tuneful Chatter</b> 1:30pm-2:30pm</p>		<p><b>First Friends</b> 9:30am-11am</p> <p><b>Infant Massage</b> 1pm-2pm (Invite via Health Team)</p>	<p><b>Family Fun</b> 9:30am-11am</p> 
Armthorpe	<p><b>First Friends</b> 9:30am-11am</p> <p><b>Family Fun</b> 1:15pm-2:45pm</p>			<p><b>Breast Start</b> 1:30pm-3pm</p>	<p><b>Infant Massage</b> 1pm-2pm (Invite via Health Team)</p>
Moorends	<p><b>Breast Start</b> 1:30pm-3pm</p>	<p>Scan the QR code to find out more about the Holidays Activities and Food programme (HAF) in your area.</p>	<p><b>First Friends</b> 9:30am-11am</p>	<p><b>Family Fun</b> 9:30am-11am</p> <p><b>LIGHT Peer Support</b> 1pm-2pm</p>	<p><b>Infant Massage</b> 1pm-2pm (Invite via Health Team)</p>
Other venues	<p><b>Wriggle, Rhyme &amp; Story Time</b> 10am-11am Hatfield Library</p>		<p><b>Wriggle, Rhyme &amp; Story Time</b> 10am-11am Thorne Library</p>	<p><b>First Friends</b> 1pm-2:30pm St Nicholas Church Hall, Thorne</p>	



# Sessions & Activities

East  
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## Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained Health Promotion Practitioner. **You can attend this group if you are currently pregnant.**



## First Friends *(Pre-Birth to Pre-Crawling)*

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available. **You can attend this group if you are currently pregnant.**



## Infant Massage *(From 6 Weeks)*

You will be invited to book onto these sessions by your Health Visitor - You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. **Call the Health team for more information on 0300 021 8997.**



## Forest School

An interactive environment that allows children to explore the wonders of nature, offering hands-on experiences. Our qualified Forest School Leader will deliver activities such as den building, scavenger hunts, nature arts & crafts and so much more!

## Family Fun - Week 1 *(All ages Welcome)*

Got a spring in your step? Join us as we delve into nature! Will be exploring flowers, having fun splashing in our water play activities and having some outdoor adventures.

## Family Fun - Week 2 *(All ages Welcome)*

Hop on down to any hub as we continue the fun from week 1, with some egg-citing Easter bonus activities thrown in too!

## Tuneful Chatter *(All ages welcome)*

Take part in playful arts activities with Tuneful Chatter! Here, your children will have fun with experienced artists exploring music, dance, and drama activities. This activity is part of Tuneful Chatter, funded by Arts Council England Place Partnerships and Doncaster Council, and led by darts, Cast and City of Doncaster Council's Early Years Intervention and Prevention Service.

## Wriggle, Rhyme & Storytime *(0-5)*

Come along and enjoy our fun and interactive session where children can explore music and rhymes with their parent/carer using our props and sensory resources. Join in with a range of activities that can be easily completed in the family home and enjoy sharing story time led by our Early Years Development Workers.

Now in a  
community  
Library near you!



# Sessions & Activities

## Sexual Health Clinic

Select Tuesdays at Stainforth Family Hub  
9am- 11:30am. **For more information or to book an appointment please call: 01302 272165**

## LIGHT Support Group - NEW!

Light is a pre and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. **For more information please call 01144 388962.**

## Other Services and Support

You can also access information and support around **volunteering, counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. for more information about each of these, visit [www.doncaster.gov.uk/familyhubs](http://www.doncaster.gov.uk/familyhubs).

Don't forget to follow us on Facebook for all the latest updates!  
Just search for your local Family Hub!



East  
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Our venues :

### Stainforth Family Hub

Junction Road, Stainforth,  
DN7 5DH  
01302 734048

### Armthorpe Family Hub

Mere Lane, Armthorpe,  
DN3 2DG  
01302 736760

### Moorends Family Hub

Marshland Road, Moorends,  
DN8 4SB  
01302 737470

Become a member at  
your local Family Hub!

For more information, visit:  
[DONCASTER.GOV.UK/FAMILYHUBS](http://DONCASTER.GOV.UK/FAMILYHUBS)